

Ready for promotion? Returning to work or study? Embarking upon a career change?

With Career Coach, you'll learn about yourself, your values, interests, abilities, skills and personality traits, to find a challenging career path that you'll love. We'll then help you get there by giving you the know-how to select and apply for the best local and international courses and available employment opportunities, by preparing you for interviews and other career situations. Get ahead - get a Career Coach.



THE MENU

UNIVERSITY APPLICATION PREPARATION BA/MA/MSC/MBA/PHD (Combination of one-to-one and individual delivery)

Package One

Psychometric Profiling
- 12 Tests
- 25+ Page Report
- One-to-One Feedback
- Follow-up
- Action Plan

Mock Interview and Feedback
Personal Branding
Future Self Clarification/
Career Coaching

Individuals 450 BHD

Package Two

Mock Interview and Feedback
Personal Branding
Future Self Clarification/
Career Coaching

Individuals 300 BHD

Half-Day Academic Writing Workshop

Groups of approx. 10
(per person) 85 BHD

Academic Writing for Adults (One-to-one)

(per hour) 75 BHD

1-Day Study Skills Workshop

Groups of approx. 10 (per person) 135 BHD

GROUP / ORGANISATIONAL COACHING

Coaching - Interactive Tailor-made Workshops

Groups of 5+ (per person per day) 150 BHD

PSYCHOMETRIC PROFILING AND COACHING

Psychometric Profiling

- 12 Tests
- 25+ Page Report
- One-to-One Feedback
- Follow-up
- Action Plan

Individuals 290 BHD
Groups of 5+
(per person) 175 BHD

Coaching - 6 Hours

- Values Clarification
- Future Self Clarification

Individuals 495 BHD

Coaching - 10 Hours

- Networking Know How
audio download
- Values Clarification
- Personal Branding
- Future Self Clarification

Individuals 640 BHD

Psychometric Profiling & Coaching 6 hrs

Psychometric Profiling
- 12 Tests
- 25+ Page Report
- One-to-One Feedback
- Follow-up
- Action Plan

Coaching (6 x 1 hour)
- Values Clarification
- Future Self Clarification

Individuals 615 BHD

Psychometric Profiling & Coaching 8 hrs

Psychometric Profiling
- 12 Tests
- 25+ Page Report
- One-to-One Feedback
- Follow-up
- Action Plan

Coaching (8 x 1 hour)
- Networking Know
How audio download
- Values Clarification
- Personal Branding
- Future Self Clarification

Individuals 765 BHD

Psychometric Profiling & Coaching 10 hrs

Psychometric Profiling
- 12 Tests
- 25+ Page Report
- One-to-One Feedback
- Follow-up
- Action Plan

Coaching (10 x 1 hour)
- Networking Know
How audio download
- Values Clarification
- Personal Branding
- Future Self Clarification
- FREE 'How To Coach
Myself' activities

Individuals 895 BHD

To find out more, contact:

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Accommodation and travel expenses need to be added if out of Bahrain • All payments to be made in advance • Minimum of 5 required for group sessions

THE INGREDIENTS

Morrisby Profile Psychometric Test

The Morrisby Profile is a scientifically developed Psychometric Assessment that produces a profile of your abilities, personality type, interests, preferred work styles and learning styles. It helps you:

- make informed educational and career decisions
- realise your aspirations, and
- achieve career success and satisfaction.

Morrisby is one of the many psychometric tests used increasingly in business for recruitment and selection, as well as for the development of individuals and organizations (such as Xerox, Bank of Ireland). It is also used in many of the UK's independent and international schools, as well as universities to enable good career and course choices (University of Bath, for example).

No revision or other preparation is required, there is no pass or fail, and if English is your second language or you have learning difficulties, the test takes this into consideration.

You can find more information at www.morrisby.co.uk

We can also offer a range of tests that focus on personality, preferences, learning styles and strengths that give a good idea of what will suit people in terms of career choice, type of studying and ways to capitalise on areas of current strength and unrealised potential.

The Portfolio of Psychometric tests we offer:

- The Morrisby Profile
- Saville's Wave Report
- StrengthsFinder
- VIA Strengths
- 5 Dysfunctions of a Team (Lencioni)
- Covey's Trust
- CIPD's HR Map Competency Framework for development purposes for H.R.M. Professionals
- OPQ32r (Occupational Personality Questionnaire) by SHL (U.K.)
- The Learning Styles Indicator (LSI)
- The Type Dynamics Indicator (TDI®)
- Relational Health Audit (RHA)
- Management Team Roles Indicator
- Belbin Team Roles
- Realise2

Mock Interview and Feedback

Be it an interview for a university, internship or a job, a mock interview and feedback ensures that you are prepared mentally and physically for this important challenge. You will be provided with 'real' questions that have been used in the world of work and universities and you'll leave knowing how to further develop these important skills.

Personal Branding

Branding is not just a logo or packaging. Branding touches upon the real 'you'. This coaching session helps you to live your life with your values at the heart of all that you do. You will be able to promote yourself in a way that 'sells' the real you.

Future Self Clarification / Career Coaching

To truly reach your personal and professional potential, you have to dream BIG. Future self clarification is a fun, interactive session that helps you know and understand what you want and how to get it, whilst considering cultural, religious and other values.

Academic Writing Workshop

If you know your stuff but find it hard to get it down on paper in the way that your teachers or universities

require, this session is for you. This workshop will teach you how to write references correctly and organize your findings effectively.

Study and Work Skills Workshop

Do you struggle with remembering things? Do you want to improve your time management and communication skills? Are you truly challenging yourself with your studies and thinking critically? By the end of this session you will have the skills to develop an effective work ethic that not only saves you time, but helps you understand how you learn best.

Coaching

Are you embarking upon a time of transition, unsure of what career or course to pursue? Do you want to see things from a different perspective, or do you need to process some issues? Our coaching sessions will metaphorically hold your hand, give you a push and challenge you - in short they'll help you achieve your goals and move you towards fulfillment.

We are qualified and experienced in helping you identify your training and development needs then designing courses with your intended learning outcomes.

To find out more, contact:

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WHO ARE WE?



Jill Boggiss started her working life in retail and then moved into advertising and PR, finishing this part of her career as director of corporate communications for a bank. She then retrained and worked for herself for seven years in employee engagement and change management. She became an NLP master practitioner and coach, gained a Masters in change management and has recently founded Inside Change.

"It took me quite some time to understand what I love to do and I want to help others to do this earlier in their life so that they can be more fulfilled and enjoy their lives more fully."



Dr Clare Beckett-McInroy is a Co-Active Career and Organizational Coach, Managing Director/Senior Consultant with Beckett McInroy Consultants and University Lecturer. Clare has an Ed.D. in Educational Research from the University of Bath and a range of qualifications in psychometric instruments, coaching and careers education and guidance. She has presented at numerous international universities and conferences, including Harvard University, and has much published work. Clare is passionate about enabling people and organizations to reach their full potential.